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David Friedlander, Oct 16, 2013

What is a Micro Apartment?

Amidst its turmoil, the City of Seattle has drafted a proposal for establishing citywide micro-apartment (aka “micro-unit” and “micro-housing”) regulations. The good news is that “DPD [Dept. of Planning and Development] has found that micro-housing provides an important lower-cost housing option that is appealing to many renters, and we recommend that it continue to be allowed to meet this demand.”

But before you approve of something—particularly as it pertains to governmental policy—you must define what that something is. And define Seattle did. According to the proposal, a micro-apartment cannot:

- Be larger than 285 sq ft.
- Have an oven or cooktop.
• Be without one 120 sq ft kitchen for every eight residents.
• Have a sink outside the bathroom.
• Have “no more than 8 micros (or 8 unrelated individuals)...located in a micro
dwelling unit.”
• Have less than one bike parking station per four micro-unit residents.
• Be built in single family zones.

The proposal also makes a clear distinction between a micro-unit and a “Congregate
House,” which has more than eight micros in a dwelling unit. They site larger
developments like dormitories and senior homes as examples of the species, Though
“Some recent forms of development with similarities to the form of housing referred to
as micro- housing are classified as congregate residences,” according to the proposal.
The two respective housing types will undergo different levels of design review; the
larger the development, the more rigorous the review.

The proposal suggests a very regional interpretation of what a micro-apartment is.
Seattle has had friction when micro-apartments encroached into single family home
neighborhoods; they've dealt with parking issues and lax design oversight. All of these
issues are addressed in the document (available here (http://seattle.gov/dpd/cs/groups/pan/@pan/documents/web_informational/s047682.pdf) in its
entirety).

The document begs the question of whether there is a universal definition for a micro-
apartment? For the adAPT NYC (http://www.lifeedited.com/tag/adapt-nyc) competition, micro-
apartments meant an apartment that was between 275-300 sq ft, but these included
kitchens and ADA bathrooms. In San Francisco (http://www.lifeedited.com/san-francisco-and-
the-micro-unit-controversy/), legislation last year granted an allowance for building dwelling
units as small as 220 sq ft, with 70 sq ft for bathroom and kitchen. In Boston, they
nervously authorized the construction of 450 sq ft “Innovation Units.” In Providence, RI,
they’re making apartments as small as 225 in the Arcade Providence (http://www.lifeedited.com/why-just-hang-out-at-the-mall-when-you-can-there/). On the other side
of the planet in Japan and Hong Kong, many of these numbers would be shockingly
large. In other words, for every region, there’s a different definition of “micro.”

Being confused, we turned to the all powerful Wikipedia for answers. And wouldn't you
know it, they have a definition:

A microapartment, also known as an apodment or microflat, is a one-room,
self-contained living space, usually purpose built, designed to accommodate
a sitting space, sleeping space, bathroom and kitchenette within around 150–
350 square feet (c. 14–32 square metres). Residents may also have access to
a communal kitchen, patio and roof garden.

While we aren't so bold as to question the Authority of Wikipedia, we would submit that
“aPodment” is the name of a particular developer’s (Calhoun) properties in Seattle. Other
than that, the size parameters are fairly in line with what most people call a micro-unit. (Technically, “micro” (µ) denotes something that is $10^{-6}$ or 1/1,000,0000. Given that the average new US home is 2505 sq ft, a micro home might be .0025 sq ft).

What this varied definition shows is the inherent relativity of the micro designation—most often relative to the availability of affordable real estate: Less affordable real estate, smaller homes overall, more micro micros. More affordable real estate, larger homes overall, less micro micros. In some cases, the designation can be a way of re-branding small apartments in areas where there is ample housing stock; Providence and Chicago (http://www.lifeedited.com/windy-city-goes-micro-with-flats-chicago/) come to mind. This is not necessarily a bad thing, as the new micro-apartments are often nicer and more affordable than their more girthsome neighbors.

We consider the Seattle micro-apartment definition a bit prescriptive. In fact, it more closely resembles a boarding room or efficiency apartment (not bad things per se). Though we understand that much of their policy choices are reacting to an existing situation.

How would we define micro-apartment? Perhaps, “A small, typically urban, self-contained apartment that is between 150-350 square feet.”

- Are Micro-Units Helping or Hurting Our Cities?
- The Yankees/Red Sox Rivalry of Micro Apartments
- Micro-Apartments Stir Not-so-Micro Controversy in Seattle
- The Three Biggest Objections to Small Living
- Seattle's Micro Apartment War